

# Erasmus + (2019-2021)



Hi, I'm Lorena. I'm 17 years old and I live in Formia in Italy.

I'm really happy to start this project because I love travelling and learning about different cultures.



## ***About me ...***

I attend the fourth year in the Gaetano Filangieri high school in Formia , a commercial technical institute. My favourite subjects are literature and English.

When I finish high school I will go to university and study languages because one day I'd like to teach English.

# *My daily life*

In the morning I go to school from 8:10 to 13:10 but on *Tuesdays* and on *Fridays* I finish at 14:10. When I come back home I eat with my mum and after I do my homework or take a nap, then I have to go out and go for a walk or hangout with my friend. I really love taking long walks because they relax me so much. When I'm with my friend we usually go to a café and talk about our day. In the evening I eat with my family and after dinner I usually watch a film.





# About my *FAMILY*

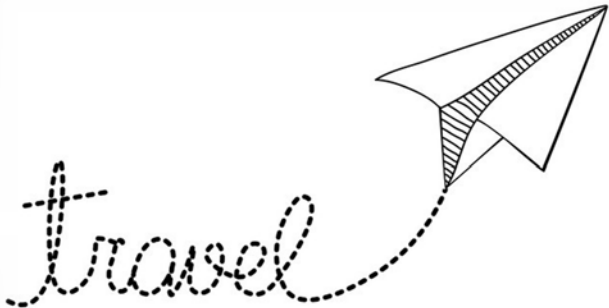
My family is composed of my dad, my mum and me.

I get along very well with my parents and I'm really happy for this because we enjoy spending our time together; for example we like to go out for dinner and we usually go on vacation in December or in June.

For example we went to Naples, Florence and in Greece where I have some relatives



Florence



My mum and me in Greece



My first Birthday

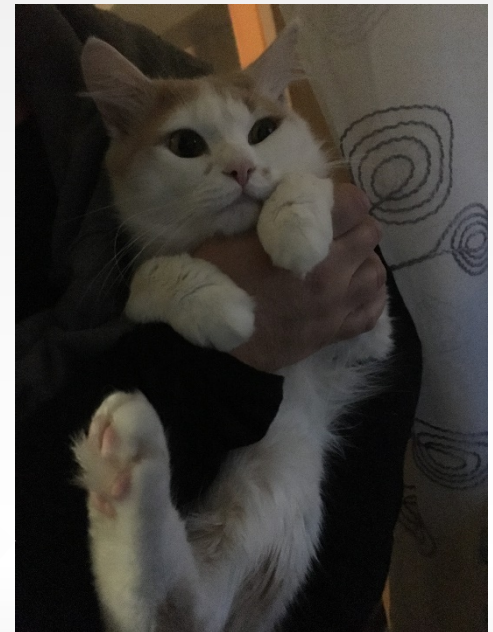




# *My little friend* 🐾🐾

In my house since 2016 there is a cat named **Pisqui**. My mom found him in our garden so we decided to rescue him.

Now I can't imagine my life without him because he's always with me: he sleep with me, when I lay on my bed also comes and even when I do my homework he likes to sit near me.



# *How I spend my time*

During my free time love listening to music, watching films and going out with my friends. Also I like going to the gym because I want to be fit and doing exercise makes me feel better and more relaxed.

I like to be fit and I obviously eat healthy but it doesn't mean I don't like eating out with other people, actually it's one of the favourite things I do. I love tasting new food and try new restaurant.

My favourite food is definiely pizza.









# ***In conclusion...***

I'm really happy for this opportunity my school has given to me. I think It's really fantastic to be able to travel, spend time together, meet new people and discover new traditions and new culture but at the same time learn and improve English.

